

What's Where For Teens

Confidential Individual Sexual Health Education

Together For Youth 274-6768
Carver Academy Success St. 433-2530
East High School Success St. 433-2450
West High School Success St. 433-2780

STD (STI) Testing

Success Street Sites - See Above
Allen Women's Health 235-5090
Black Hawk Co. Health Department 291-2413
Planned Parenthood 1-877-811-7526

Sports Physicals & Immunizations

Success Street Sites - See Above

Pregnancy Testing - at low or no cost

Success Street Sites - See Above
Allen Women's Health 235-5090
NEI Family Practice Center 272-2112
Planned Parenthood 1-877-811-7526

Birth Control/Exams - at low or no cost

Allen Women's Health 235-5090
Planned Parenthood 1-877-811-7526

Condoms - at no cost

Allen Women's Health 235-5090
Black Hawk Co. Health Department 291-2413
Brothaz Barbershop 234-2682
Planned Parenthood 1-877-811-7526

Substance Abuse Info. (including tobacco)

Success Street Sites - See Above
Pathways 235-6571
Quit Line Iowa 1-800-784-8669

Suicide Hotline

Your Life Iowa 1-855-581-8111
The Trevor Project 1-866-488-738

Mental Health Counseling

Success Street Sites - See Above
Black Hawk Grundy Mental Health 234-2893

Support for LGBTQ Youth

UnityPoint LGBTQ Clinic 222-2710
LGBT National Youth Talkline 1-800-246-7743
Monarch Therapy Services 231-9399
Trans Lifeline 1-877-565-8860
Together For Youth 274-6768

Teen Parent Support

Young Parents Together 231-9373
Tri County Head Start 235-0383
HOPES 233-3579
Parent Connection 234-7600
WIC Food & Nutrition 233-1851
Child Care Resource & Referral 1-855-299-0499

Sexual Assault/Dating Violence

Waypoint Resource Line 1-800-208-0388
Riverview Center Crisis Line 1-888-557-0310
Cedar Valley Friends of the Family 352-0037
Amani Comm. Services 1-888-983-2533

Abuse or Neglect

Department of Human Services 1-800-362-2178
National Human Trafficking Ctr 1-888-373-7888

Legal Help For Teens

Iowa Legal Aid 1-800-772-0039
Youth Law Hotline 1-800-728-1172

Allen Women's Health

235-5090 (or 1-800-435-2640)

*NO or LOW COST pregnancy & STD testing, well woman exams & birth control.
FREE condoms

Waterloo: 233 Vold Drive

OPEN: Mon & Tues 8 am to 5 pm, Wed 8 am to 6 pm
Thurs 8 am to 7 pm & Fri 8 am to noon

Independence: 1600 1st East

OPEN: 1st & 3rd Wednesdays each month 8:30 am to 4:30
Inside the Buchanan County Health Center

www.allenwomenshealth.com

WEBSITES

togetherforyouth.net Waterloo sex ed site
asktxtina.com text your sex ed questions
myiacondoms.org free condoms delivered!
factsaboutcondoms.com correct condom use
your-life.com facts about birth control options
kidshealth.org health information
stayteen.org sexuality & relationship information
yourlifeiowa.org suicide prevention
translifeline.org hotline & ID change assistance

WHAT'S WHERE FOR TEENS?

A Health Guide by Together For Youth



2019-2020

319-274-6768

www.togetherforyouth.net

“Working collaboratively to improve adolescent sexual health outcomes & strengthen young families”