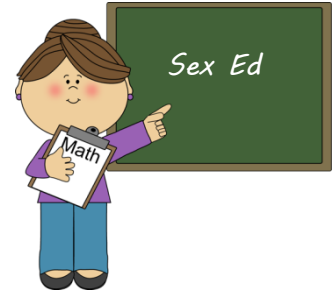


What's Where (On The Web) For Teachers.

Listed below are websites that offer short activities or videos that teachers can use in their classrooms. Please read the description and preview for appropriateness in your classroom.



Adolescent Sexual Health

Advocates For Youth: (www.advocatesforyouth.org)

- A national organization that since its founding in 1980, has served as a bold voice and respected leader in the field of adolescent reproductive and sexual health. Advocates for Youth partners with youth leaders, adult allies, and youth-serving organizations to advocate for policies and champion programs that recognize young people's rights to honest sexual health information; accessible, confidential, and affordable sexual health services; and the resources and opportunities necessary to create sexual health equity for all youth.

Stay Teen Videos: (www.stayteen.org/video-list)

- Stay Teen PSAs: offers short videos where real teens share their feelings about real life situations

EyesOpenIowa: (www.eyesopeniowa.org)

- Supports within Iowa, a leadership network concerned with issues of adolescent pregnancy prevention, sexual health and parenting.

Together For Youth: (www.togetherforyouth.net)

- Located at UnityPoint Allen Women's Health in Waterloo. Serving Black Hawk, Bremer, Buchanan, Butler and Tama County schools and youth-serving agencies with Adolescent Sexual Health education and Teen Pregnancy Prevention as well as providing an accredited Teen Parent Support and Education program.

Allen Women's Health: (www.allenwomenshealth.org)

- Providing Family Planning services at no or low cost including pap smears, pregnancy testing and counseling, birth control supplies including emergency contraception as well as STD testing and treatment. 233 Vold Drive in Waterloo and our satellite clinic in Independence. Call 1-800-435-2640.

UnityPoint LGBTQ Clinic:

- UnityPoint Allen provides medical and sexual health services right here in the Cedar Valley. For more information, see the link: <https://www.unitypoint.org/waterloo/lgbtq.aspx>

The National Campaign To Prevent Teen Pregnancy

- State and National teen pregnancy and teen birth data.

Sexually Transmitted Disease

Center For Disease Control: Get Yourself Tested: (www.cdc.gov/std/sam/gyt.htm)

- The mission of the Division of STD Prevention (DSTDP) at the Centers for Disease Control and Prevention is to provide national leadership, research, policy development and scientific information help people live safer, healthier lives by the prevention of STDs and their complications.

Healthy Relationships

Stay Teen Videos: (www.stayteen.org/video-list)

- What's Your Relationship Reality: videos where real teens answer questions and share their ideas about healthy relationships

Power and Control Wheel at Love Is Respect: (<http://www.loveisrespect.org/is-this-abuse/power-and-control-wheel>)

Puberty and Changes

Being Girl – Sexual Health Videos: (<http://www.beinggirl.com/entertainment/video/>)

- Short videos on topics of menstruation, PMS, Self-confidence, crushes and a whole lot more

PBS Kids - (www.pbskids.org/itsmylife/body/puberty)

- A website for preteens. Full of information on puberty changes, relationships, health, nutrition, fitness, emotional health.

Miscellaneous

Bedsider: (www.bedsider.org/features)

- This website is targeted towards **college students**, but some videos may be useful and appropriate for high school classrooms. **Please preview videos before using in your classroom.** These Feature Videos include Fact or Fiction videos addressing real teen concerns about sex. Birth Control videos show real women sharing birth control pros/cons.

Sex Etc: (http://www.sexetc.org/page/video_archive/)

- This website provides accurate information about a large number of sexual health topics for adolescents, including state by state laws when applicable.

Students with a personal question or concern can refer themselves to speak with a Together For Youth, Individual Health and Pregnancy Prevention Educator. Teachers can encourage students to refer themselves to these services. Services are free, supportive and confidential. Health Educators are in each of the Waterloo Success Street sites and at Expo HS on a flexible weekly schedule during the school year. Students that attend Cedar Falls schools can refer themselves by contacting their school nurse to request Together For Youth at 319-274-6768 to arrange a session.

Together For Youth
233 Vold Drive
Waterloo, Iowa 50703
319-274.6768

