



**“A coalition of community partners working together to improve adolescent sexual health outcomes and strengthen young families”**

**Website: [www.togetherforyouth.net](http://www.togetherforyouth.net)**

**Facebook: [Together For Youth/Waterloo](https://www.facebook.com/TogetherForYouthWaterloo)**

**319-274-6768**

### **TFY Community Partners**

**\*UnityPoint Health Allen Hospital \*Amani Community Services \*AMP \*Aplington Parkersburg Community Schools \*Black Hawk County Health Department \*Boys & Girls Club \*Bremwood LSI \*Black Hawk Grundy Mental Health \*Cedar Falls Community Schools \*Cedar Valley Volunteer Center \*MercyOne \*Department of Human Services \*Dunkerton Schools \*EMBARC \*Family & Children’s Council \*Four Oaks \*Independence Schools \*Jesup Community Schools \*Juvenile Court Services \*Mental Health Institute \*Northeast Iowa Detention Center \*Pathways Behavioral Services \*Quakerdale \*Success Center (Independence Alternative School) \*SuccessLink \*Success Street \*Sumner-Fredericksburg Schools \*Tri-County Child and Family Development Council \*UNI-CUE \*UNI-EOC \*Union Schools \*Unity Square \*Waterloo Community Schools \*Wapsie Valley Schools \*Waverly Shell Rock Schools \*Waypoint \*Youth Shelter (Black Hawk & Buchanan Counties) \*YWCA**  
(\***BOLD PRINT** identifies TFY Collaborators)

### **TFY Programming:**

- \* Health Education \* SiHLE \*Making Proud Choices**
- \* Teen Parent Panel \* Wise Guys \*3R’s \*Parent Advisory Group**
- \* Individual Health & Pregnancy Prevention Education \*Girls Circle**
- \* Parent Programs \* Professional Training & Internships**

► This array of comprehensive prevention programming utilizes strategies such as: proven effective curriculum/education, a panel of teen parents, individual education on healthy relationships, sexual responsibility and pregnancy prevention, LGBT support, and STD risk reduction. These programs can be utilized in multiple settings including: schools, youth-serving agencies, social service organizations, faith communities, clinics, community groups, and school based health. Programs can be tailored to meet the needs of your group / organization.

### **\*Young Parents Together\***

**YPT provides weekly support & education groups for pregnant and parenting adolescents**

► This intervention program provides pregnant and parenting teens, their children, and families with emotional and peer support, prenatal and parenting education, which includes parent child interaction. This education has been found to result in healthier newborns, fewer subsequent pregnancies, and increased parental self-sufficiency.

► Small group educational sessions cover topics such as: prenatal health, childbirth preparation, newborn and toddler care, parent child interaction, child development and screening, parenting skill development, child abuse prevention, subsequent pregnancy prevention, healthy relationships, reproductive life planning, life skills building, community resources and referrals, depression screening and mental health counseling.

## **Teen pregnancy greatly affects Black Hawk County:**

Black Hawk County traditionally has one of the highest rates of teen births in Iowa. This is in part due to the county's large population of both lower socioeconomic groups and single parent families, which both tend to have higher teen birth rates. The continuum of programming and planning TFY has developed in partnership with many community agencies has had a direct impact on Black Hawk County experiencing an all-time low in teen births. In 1995 almost 47.3 for every 1,000 teen girls in Black Hawk County (264 teens) delivered. Over time and with strategic planning, that rate decreased to 15.3 (76 teen births) in 2017!

While we have many successful teen parents, the national research shows us children of teen parents have increased chances of experiencing: health and cognitive impairments, neglect and/or abuse, repeating a grade in school, not finishing high school, being raised without a father, living in poverty, time in prison, and teen-parenthood.

High rates of teen pregnancy affects the local economy by: increasing demands on social and medical services, creating a larger number of families living at or below the poverty level, decreasing the labor pool, increasing rates of unskilled laborers, increasing unemployment rates, and overtaxing the court and jail system. It also impacts the school system by contributing to: higher dropout rates, attendance problems, fewer students pursuing higher education, children starting school unprepared and having to repeat grades. We know that when young families are given support and education through a program such as YPT they can avoid some of these negative outcomes.

**Teen parents that participate in YPT have consistently surpassed teen parents nationally when it comes to three indicators including healthy birth weight babies, prevention of subsequent pregnancies during the teen years, and obtaining a degree.**

	<b>Teen Parents Nationally</b>	<b>Teen Parents at YPT</b>
<b>Healthy Birth Weight Babies</b>	83%	100%
<b>Subsequent Pregnancy Prevention</b>	83%	100%
<b>Currently in High School/Completing GED/In College or have already grad.</b>	40%	93%

**SAVINGS\$ .....**

**COSTS\$ .....**

**SAVINGS\$.....**

\$\$ Teen childbearing in Black Hawk County cost taxpayers around **\$3 million** per year.

Costs associated with teen births in Iowa are over \$25,000 per year, per child born.

(National Campaign to Prevent Teen Pregnancy's "By the Numbers")

\$\$ Black Hawk County has experienced a significant drop in the number of teen births for over 2 decades.

In 1995 Black Hawk had the highest number of teen births, which was 264 teens. The most current data from IDPH shows us that 65 teens gave birth in 2018. \$\$ Services that prevent first and subsequent teen pregnancies cost taxpayers 75% less than do services to support the families afterward.

### **FY'2019 Funding Sources:**

- \*Allen Foundation Champion Excellence Grant \*Allen Foundation Impact Grant \*Butler County Community Foundation
- \*Cedar Falls Health Trust Fund \*Cedar Valley's Promise Empowerment \*Cedar Valley United Way \*Cedar Valley United Way "Women United" \*Community Foundation of Northeast Iowa \*CommUNiversity \*Generous In-Kind Donations by Collaborating Agencies \*First Presbyterian Church \*Guernsey Foundation \*Iowa Department of Human Services \*Lincoln Savings Bank \*Noel Fry State Farm Agent
- \*Radiance Chiropractic Center \*R.J. McElroy Trust \*Rodney's Kitchen \*Rudy's Tacos \*St. Patrick's Catholic Church \*Teen Trust \*University of Iowa Community Credit Union \*Waverly Shell Rock United Way

