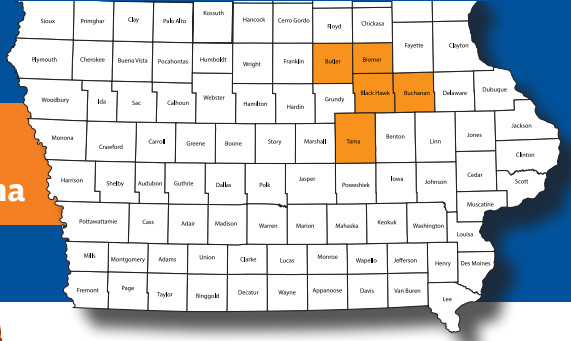


Together For Youth 2018-2019

Working collaboratively to improve adolescent sexual health outcomes and strengthen young families.

TFY provides programming in the following counties:

- Black Hawk
- Bremer
- Buchanan
- Butler
- Tama



TFY CONTACT INFORMATION

TFY Coordinator, Joni Spencer

(319) 274-6768

www.togetherforyouth.net

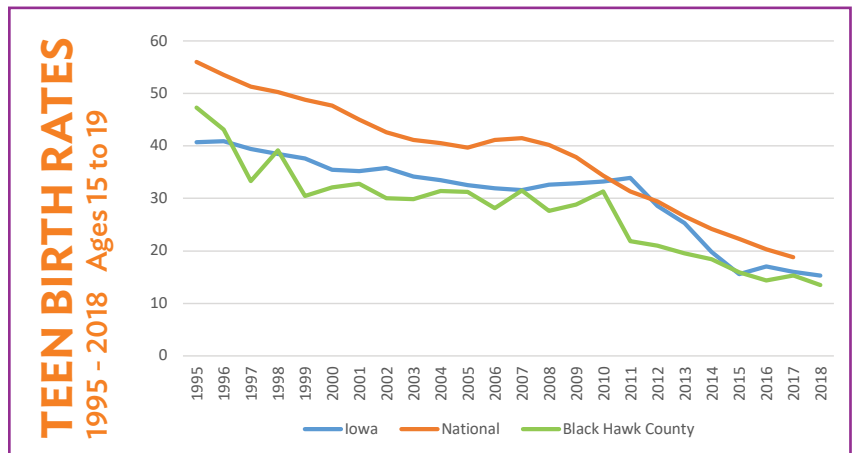
Facebook: Together For Youth, Waterloo

TFY PREVENTION PROGRAMS:

- Sexual Health Education:** Certified Health Educators cover age appropriate topics with middle school and high school students. Provided 761 presentations to 12,882 contacts.
- SiHLE:** Sistas Informing, Healing, Living & Empowering is an evidence based curriculum specifically for African American females between the ages of 14-18. SiHLE offered 5 groups, reaching 62 participants on topics including sexual health, community resources, and gender and cultural pride.
- IHPPE:** Individual Health and Pregnancy Prevention Education is provided in the Success Street School Based Health Clinics. This service includes motivational interviewing techniques providing sexual health education, pregnancy testing, STD testing and treatment as well as referrals to community health resources to 122 individuals through 376 sessions.
- Teen Parent Panel:** Local teen parents presented programs to local middle school students on the realities of parenting at a young age.
- Girls Circle:** Girls Circle is an evidence informed program that offered 5 groups reaching 41 participants. Middle school aged girls learned about healthy relationships through the development of confidence, courage and communication skills.
- Wise Guys:** Educates young males on self-esteem, communication skills, goal setting, healthy relationships, domestic violence, sexual health and parenthood. Wise Guys reached 79 young men with 4 groups.



Black Hawk County Teen Birth Rates Lower than State and National!



While teen birth rates have steadily decreased since 1995, Black Hawk County boasts an even more dramatic decline as compared to Iowa & the Nation. In Black Hawk County in 1995, almost 50 (47.3) for every 1,000 teen girls were giving birth. In 2018, that number decreased to 13.5, a decline of 75%! Iowa experienced a 62% decline. The National teen birth rate declined by 60%. Sources: IDPH & CDC National Vital Statistics

TFY is Reaching Out of Home Placed Youth

TFY's Certified Health Educators provide regular programming to out of home placed youth located at:

- Mental Health Institute- Adolescent Unit
- Lutheran Services of Iowa on the Bremwood Campus
- Buchanan County Youth Shelter
- AMP (Achieving Maximum Potential - a support program for out of home placed youth)
- Four Oaks - Independence
- Northeast Iowa Juvenile Detention Center

TFY reached

322

out of home placed youth through

116

sessions.

Research shows it's important to provide education to these youth as they are in and out of school and placements, which means they are even less likely to receive accurate sexual health education as compared to other youth. This puts this population of youth more at risk for STDs and pregnancy.



Allen Women's Health celebrating 50 years & TFY celebrating 30 years of serving families in our community!



YOUNG PARENTS TOGETHER (YPT):

YPT served **37** pregnant and parenting teens and **23** children.

Weekly support and education group for pregnant and parenting teens and their children. YPT is a state credentialed, multi-disciplined program for young parents.

TFY is focusing on STDs in Black Hawk County due to high rates of Chlamydia and Gonorrhea. While STDs have declined, Black Hawk County is still #1 for Chlamydia and Gonorrhea in Iowa. The best methods of preventing bacterial STDs are abstinence and correct and consistent condom use. TFY's Certified Sexual Health Educators provided 193 STD presentations to area schools and youth serving agencies reaching 2500 students in Fiscal Year 2019. IHPPE provided 64 STD screens with a 20% positivity rate."

YPT SUCCESSES:

100%

100% - Participants prevented an unplanned subsequent pregnancy.

84%

Participants graduated high school/completed GED or are working towards this.

(Compared to Black Hawk County's overall graduation rate of 84%)

100%

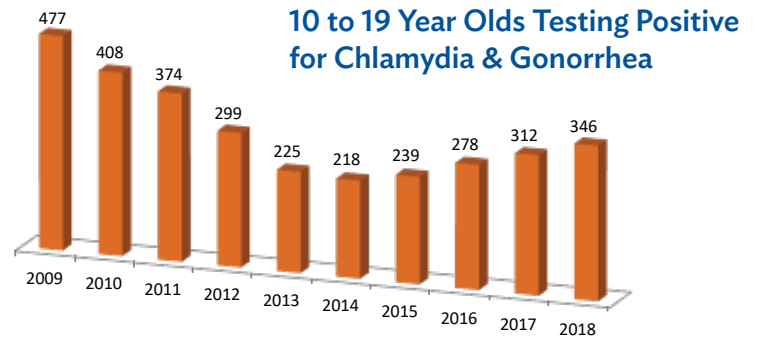
100% - Participants had a healthy birth weight baby.

97%

Participants reported increasing their knowledge of child development & parenting.

YPT is serving a higher percentage of teen parents as compared to 10 years ago when births were higher in Black Hawk County.

STDs IN BLACK HAWK COUNTY TEENS



TFY Would Like to Thank our Funding Partners

- Allen Champion Excellence Grant
- Cedar Falls Health Trust Fund
- Cedar Valley United Way
- Cedar Valley United Way - Women United
- Cedar Valley's Promise Empowerment
- Community Foundation of Northeast Iowa
- CommUNiversity
- First Presbyterian Church of Cedar Falls
- GreenState Credit Union
- Guernsey Foundation
- Iowa Department of Human Services Community Adolescent Pregnancy Prevention Grant
- Noel Fry State Farm Insurance
- Radiance Chiropractic
- R.J. McElroy Trust
- Rodney's Kitchen
- Rudy's Tacos
- St. Patrick's Catholic Church Social Concerns Committee
- Teen Trust
- UsBorne Books (Danni Manning)